

Set includes:

Mouth Guard Storage Case.

Caution:

Do NOT eat, chew or swallow the mouth guard.
Keep out of reach of children.

Note: Discontinue use of this product in the event of irritation. It is recommended to consult a doctor before continued use of this product.

General Care:

Store with care to prevent damage. Use a damp cloth to wash. Wash mouth guard with warm water.

Note: There are no serviceable parts in this product.

Directions:

1. Take the mouth guard out of the case and wash thoroughly using warm water for 2 minutes and dry before using.
2. Gently place in the mouth and adjust to a comfortable position: Do not bite. Do not cover the mouth guard with the lips.

Note: Lips will naturally remain apart during use. Do not put the tongue against the holes on the mouth guard and ensure the six holes are unblocked.

3. Thoroughly wash mouth guard with warm water after use and dry. Place the mouth guard back in the case to protect from elements until next use.