

PRESS RELEASE

PRESS RELEASE



Who said
snoring
is not a
life threatening
complaint?

For the 15,000,000 snorers in the UK their sleeping partners may well be driven to drastic measures to stop the noise!

Latest figures from the BSSAA:

Snoring affects 30 million people in the UK.

There are approximately 15,000,000 snorers in the UK.

10.4 million males and 4.5 million females.

The ratio of male to female snorers is 2.3:1.

From a recent epidemiological study of 1075 randomly selected participants BSSAA found that 41.5% of the UK adult population snore.

43.75% of the UK middle aged population (30 - 60 years) snored.

58% of snorers were aged between 50 - 59 years.

After the age of 60 numbers of snorers reduce by approximately 50%.

After 60 years the ratio of male to female snorers is approximately 1.64:1.

Men snore louder than females. Figures from the survey indicate that in the 'loud snoring' category, men are louder snorers than women by a ratio of 4.2:1.

We provide help and information for these 15,000,000 snorers and their partners.

To obtain a full version of the study contact Marianne Davey at the email address below.

END

BSSAA, CASTLE COURT, REIGATE RH2 9RJ

Tel: 01737 245638

E-mail: admin@britishsnoring.co.uk

Web page: www.britishsnoring.co.uk